



藝術創作是生活的一部份，它展現了我的內心世界！
Art creation is a part of life to show the inner world!
by Girl Artist Keller

改寫生命故事： 香港青少年意外懷孕研討會

Changing Life Stories Conference 2022:
Breaking the Vicious
Intergenerational Cycle of Teen Pregnancy

2022年2月23-25日
23rd – 25th Feb, 2022

聯合主辦 Co-organizers



母親的抉擇
Mother's Choice



THE HONG KONG
POLYTECHNIC UNIVERSITY
香港理工大學



合作夥伴 Partner



香港社會服務聯會
The Hong Kong Council of Social Service

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SEEDS FOUNDATION

“ What Our Leaders Are Saying ”

“Teenage crisis pregnancy is the tip of invisible social and family problems, yet the significance and complexity of this issue is rarely discussed or studied in Hong Kong. At the **Changing Life Stories Conference**, we aim to demonstrate an understanding of the connection between trauma, intergenerational cycle and teenage pregnancy.

At Mother's Choice, our mission is to join hands with the community to give hope and change life stories. We are so grateful for the partnership with The Hong Kong Polytechnic University to co-organize this conference, as well as support from the Hong Kong Council of Social Service.

We hope that you will join us also as we embark on this journey to change life stories for young girls in Hong Kong.”

“青少年意外懷孕潛藏在社會和家庭問題中，但議題的重要性和複雜性鮮有在香港被討論或研究。透過此研討會，我們希望理解少女意外懷孕與跨代惡性循環之間的關連。

「母親的抉擇」希望與社會攜手，以帶來希望及改寫生命故事。我們很高興與香港理工大學護理學院共同舉辦是次研討會，並得到香港社會服務聯會的支持。期盼您的參與，與我們一同踏上改寫香港青少年生命故事的旅程。”



Alia Eyres 艾利雅

CEO, Mother's Choice
「母親的抉擇」行政總裁

“It is of our honor to co-organize the **Changing Life Stories Conference** with Mother's Choice. This virtual conference will be the first-ever teenage crisis pregnancy conference in Hong Kong, bringing together leading experts and scholars, healthcare and legal professionals, social workers, and NGO leaders who work in the prevention and intervention of youth crisis pregnancy. With the theme, Embrace, Equip and Empower, this three-day conference will provide an excellent platform for exchanging views, sharing new ideas, good practices and visions. We look forward to having you join this Conference and share your knowledge, practice, research findings, and strategies with us.

“我們很榮幸可以與「母親的抉擇」聯合主辦「打破跨代循環 改寫生命故事：香港青少年意外懷孕研討會」，會議並將於2022年2月23-25日在線上舉行。這是香港首個以青少年意外懷孕為主題的研討會，聚集從事青少年意外懷孕服務和危機干預工作的專家、學術專家、醫療保健和法律專業人士、社會工作者以及非政府組織領袖。為期三天的研討會以全然接受、裝備和充權為主題，將為我們提供一個平台，以交流意見及分享新意念、良好工作模式及願景。我們期待您的參與，與我們分享您的知識、工作模式、研究成果及策略。”



Professor Alex Molasiotis
莫禮士教授

Chair Professor of Nursing & Head,
School of Nursing,
The Hong Kong Polytechnic University
香港理工大學講座教授及護理學院學院主任

“Without systemic intervention, teenage girls facing crisis pregnancy often fall into the vicious cycle of single parenthood, discrimination, and poverty. Their children are more likely to face inadequate care and out-of-home placement. The growth and development of those children would be impacted. The whole family may even be trapped in a cross-generational trauma cycle. Mothers' Choice is visionary in hosting the **Changing Life Stories Conference** which guides us to adopt a systemic perspective to rethink support for vulnerable children and youth. No matter what service you work in, if you aspire to break this viscous cycle facing vulnerable children and young people, this meaningful discussion is for you.”

“如果沒有系統性的全面介入支援，意外懷孕的少女往往難以擺脫單親、歧視、貧窮等困境，其子女亦可能因缺乏適切照顧而需入住院舍，成長大受影響，整個家庭甚或陷入「跨代創傷惡性循環」。「母親的抉擇」高瞻遠矚，舉辦「打破跨代循環 改寫生命故事：香港青少年意外懷孕研討會」，帶領大家以系統角度重新檢視兒童及青少年的支援服務。誠邀從事不同服務的你參與這次別具意義的討論，為弱勢兒童和青少年的生命帶來改變。”



Chua Hoi Wai 蔡海偉

Chief Executive,
The Hong Kong Council of Social Service
香港社會服務聯會行政總裁

About the Changing Life Stories Conference:

Teenage crisis pregnancy and teenage motherhood are a global concern, where they are largely unplanned and unintended, especially during early adolescence (<15 years). Early pregnancies have major health consequences for young mothers and their babies as well as negative social and economic effects on girls, their families and their communities. Teenage crisis pregnancy is the tip of invisible social and family problems, yet the significance and complexity of this issue is rarely discussed or studied in Hong Kong.

Today, there are at least 5,400 crisis pregnancies each year in Hong Kong. Emerging data indicates that this is not another youth behavioral problem but that these young mothers are living in a cross-generational cycle of trauma, abuse, neglect, and poverty. These problems compound when these untreated traumas re-enact in a young girl's life, trapping her in a vicious cycle of unhealthy choices and relationships. Without coordinated support to help these girls break out of the trauma cycle, they continue to face stigma and rejection by parents and peers and marked social disadvantage, such as poverty, unemployment, low educational level, and single parenting.

關於「打破跨代循環 改寫生命故事：香港青少年意外懷孕研討會」

少女經歷意外懷孕是一個全球性的問題，當中以早期青少年(15歲以下)為主，因為她們大多在沒有計劃下和處於孤立無援狀態中經歷意外懷孕。意外懷孕對少女及其嬰兒的健康產生重大影響，並對少女、她們的家庭和社區產生負面的社會和經濟影響。

香港每年至少出現5,400宗青少年意外懷孕。最新研究數據指出意外懷孕並不是另一種青年行為問題，而是許多年輕少女生活在一個跨代惡性循環中，經歷身心的創傷、作出不健康的選擇及維持著不良的關係。如果沒有協調一致的服務和支持來幫助這些少女擺脫這種惡性循環，她們將繼續面對父母和朋輩的批判和排斥，並處於社會的劣勢，包括失業、低教育水平和單親家庭。青少年意外懷孕潛藏在社會和家庭問題中，但議題的重要性和複雜性鮮有在香港被討論或研究。

In the summer of 2021, a group of 20 young girls came together with three local artists to use different mediums of art to reclaim their identity and find their voice to express their crisis pregnancy journey. Be sure to visit our online art exhibition, which will launch in mid-March 2022 and to hear their powerful stories.

在剛過去的夏天，20名曾經意外懷孕的少女與三位本地藝術家進行了藝術工作坊，以不同藝術媒介來重拾自我及分享自己的經歷。請密切留意及參與我們於2022年3月中開展的網上藝術展覽，細聽少女的故事和心聲。



by Girl Artist
蔓越妹

The **Changing Life Stories Conference** in Feb 2022 is believed to be the first-ever teenage crisis pregnancy conference in Hong Kong, gathering academic experts, healthcare and legal professionals, social workers and NGO leaders who work in the prevention and intervention of youth crisis pregnancy. This virtual event will include keynote speakers, workshops, spotlight sessions and networking opportunities to share specialized knowledge and to explore possibilities for innovative service models. The agenda is themed & centered on three key protective factors that are central to breaking the vicious cycle of teenage pregnancy: **Embrace, Equip** and **Empower**.

By the end of this conference, participants will be able to:

- Demonstrate an understanding of the connection between trauma, intergenerational cycle and teenage pregnancy
- Identify new tools, resources, and connections to build professional capacity
- Connect with other youth-experts to network and share resources, lessons learned, and innovative practices

「打破跨代循環 改寫生命故事：香港青少年意外懷孕研討會」於2022年2月舉行是香港首個青少年意外懷孕研討會，多位從事青少年意外懷孕服務和危機干預工作的學術專家、醫療保健和法律專業人士、社會工作者以及非政府組織和政府領袖將會參與。此線上會議的內容包括主題演講、研討會、焦點討論和交流機會，同時提供交流機會予各界分享專業知識和探索創新服務模式的可能性。議程以打破青少年懷孕惡性循環的三大關鍵因素為主題：**全然接納、裝備和充權**。

透過出席此研討會，參加者可以：

- 理解少女意外懷孕與跨代惡性循環之間的關連
- 透過會議所分享的裝備工具、資源和社區聯繫以深化專業能力
- 與其他從事青少年服務的專業人士聯繫以建立網絡並共享資源、分享經驗和交流創新的實踐項目。



by Girl Artist
Wing Lam



by Girl Artist
Tiger Katia

Embrace

全然接受

8:45am	LOG IN ZOOM & PRE-SHOW 研討會開始
9:00am	Welcome to Day One - Embrace 全然接受
9:10am	OPENING CEREMONY & ADDRESS 開幕致辭 Mr. Wong Kwok Chun, Alex 黃國進先生 Assistant Director of Social Welfare (Youth & Corrections) Social Welfare Department 社會福利署助理署長(青年及感化服務)
9:20am	KEYNOTE PRESENTATION 主題演講 The Vicious Cycle : How Childhood Trauma Affects Development and Behavior of Youth 惡性循環：童年創傷如何影響青少年發展與行為 Dr. Carol Boyd Child Development Expert and Education Consultant 兒童發展專家及教育顧問
9:40am	PLENARY SESSION, FOLLOWED BY Q&A 研討會及即場問答環節 Meet Me Where I Am : Understanding How Unresolved Traumas Impact Teen Pregnancy 與我同在：論未撫平創傷與青少年意外懷孕的關係 Dr. Celia Chan 陳凱欣博士 Associate Professor, Department of Social Work & Social Administration, The University of Hong Kong 香港大學社會工作與社會行政學系副教授 Dr. Grace Ho 何穎嘉博士 Assistant Professor, School of Nursing, The Hong Kong Polytechnic University 香港理工大學護理學院助理教授 Ms. Teresa Lau (Facilitator) 劉韻鏃女士(主持人) Assistant Manager, Case Management, Pregnant Girls Services, Mother's Choice 「母親的抉擇」意外懷孕服務助理經理
10:30am	BREAK 小休
10:35am	THE ART OF SELF-CARE : PUT YOUR OWN OXYGEN MASK ON FIRST 創傷照管的藝術：梳理自己與青少年同行成長 Dr. Hannah Sugarman Clinical Advisor, Mind HK Mind HK 臨床顧問
10:55am	SUPPORTING STAFF WHEN THE WELL IS DRY 如何於高壓環境維持團隊士氣注入動力？ Mr. CY Chan 陳振宇先生 Chief People Officer, Prenetics Prenetics 人力資源總監
11:15am	VIDEO 短片 The Power of Art - Expressing the Three Choices of a Girls Pregnancy Journey 了解意外懷孕少女的故事，全然接受她們的旅程：藝術的力量
11:25am	WORKSHOP 工作坊 Equipping Pregnant Girls to Thrive : Understanding the Principles of Trauma Informed Care 認識懷孕少女創傷知情照顧 Professor Hung Suet Lin 洪雪蓮教授 Department Head & Professor, Department of Social Work, Director, Social Work Practice and Mental Health Centre, Hong Kong Baptist University 香港浸會大學社會工作系系主任及教授 社會工作實踐及精神健康中心主任
12:20pm	WRAP UP + KAHOOT 總結

MODULE #1 : EMBRACE

EMBRACE GIRLS

Meet Me Where I Am: Understanding how Unresolved Traumas Impact Teenage Pregnancy in Hong Kong

In order to build relationship with pregnant teenagers, we need to understand what young girls are experiencing right here in our own city. This panel we will share trends and behaviours among traumatized pregnant youth including:

- Being the second or third generation of teenage pregnancy
- Having already had a previous pregnancy
- Having spent time in institutions such as foster care or small group home
- Facing mental and emotional health challenges

Healthcare and social work experts will both provide knowledge of the physical and psychosocial needs of traumatized girls at risk &/or facing crisis pregnancy, as well as recommend principles of care for professionals in answering those needs

EMBRACE OURSELVES

The Art of Self-Care: Put Your Own Oxygen Mask on First

We don't face the problem of burnout when supervising teams, we face burnout ourselves! Frontline workers and those who supervise vulnerable young people take in difficult and emotional stories of complex cases every day, which can lead to high levels of emotional exhaustion and burnout without the proper tools and training. In this session, Dr. Hannah Sugarman, clinical advisor of Mind HK provides practical tips to support YOU in being able to read & respond to the emotional dynamics of youth in emotionally heightened situations and more!

Supporting Staff when the Well is Dry

Embracing young people facing a crisis pregnancy into relationship is key — but it is hard for workers and teams on the frontline to have the emotional capacity to sustainably build relationships when their clients are consistently in crisis. How can we build a healthy organizational culture, equip our teams to avoid burnout and have continued success within our organizations? What do our staff need to thrive? And what can we do as supervisors or mentors to energize, support and retain our most valuable team members? This is a challenge that all sectors, both nonprofit and for-profit, are facing today in this COVID-era. Join us for a high-energy talk with Prenetics - Chief People Officer CY Chan, where he is building and shaping a talent capabilities and culture to support sustainable development.

EMBRACE CHOICE

The Power of Art - Expressing the Three Choices of a Crisis Pregnancy Journey

In the summer of 2020, a group of 20 girls who had a crisis pregnancy came together with three local artists to use different mediums of art to express their life journey. For many of these girls, they've had to keep their pregnancy "secret" for a long time — feeling speechless, helpless and hopeless.

In this special sharing, three of these girls, together with the artists, will share their experience and their journey in reclaiming their voice through this creative and healing process... and having the courage to tell their own story.

WORKSHOP

EMBRACE THE PAST

Understanding the Principles of Trauma Informed Care

A traumatic experience often results in violation of one's sense of safety, which includes physical, emotional, psychological and relational safety. When we approach traumatized pregnant girls to embrace them into relationship, it is important that we know how to assist the girls to re-establish a sense of safety and to support them to understand and express their feelings related to trauma.

In this interactive workshop, Dr. Hung Suet Lin will guide you through:

- Understanding the principles of trauma-informed care
- Learning how to help girls to identify triggers
- Pre-acting trauma processing and intergration

單元一：全然接納

接納少女

與我同在：論未撫平創傷與青少年意外懷孕的關係與受創的懷孕少女建立關係，先要明白她們的經歷。前線觀察所得，不少意外懷孕少女均有相似背景，包括是懷孕少女的第二或第三代、經歷童年成長逆境、曾居於寄養家庭或兒童之家、曾經意外懷孕及面對精神/情緒健康問題等。講者將分享童年成長逆境與意外懷孕之間的關係、受創的意外懷孕少女及年輕媽媽的心理及生理健康的狀況及如何敏銳地回應她們的根本需要。

接納自己

創傷照管的藝術：梳理自己與青少年同行成長

團隊因為接觸受創青少年而疲於奔命，自身亦可能筋疲力盡。前線同工及督導員每天都要消化眾多複雜的個案和故事，假如缺乏適當方法和訓練，很可能導致情緒崩潰。Mind HK臨床顧問Dr. Hannah Sugarman將分享實戰秘訣，助您即使面臨令人繃緊的狀態，仍可應對青少年的情緒起伏。

如何於高壓環境維持團隊士氣注入動力？

接納意外懷孕少女、建立關係固然重要，但前線同工既要持續專業地管理複雜的個案，亦時要細意關顧了解服務對象，以及照顧團隊，絕非易事。

我們該建立怎樣的機構文化及管理制，支援及激勵團隊，以避免精疲力盡的情況，甚至能越戰越勇？同工若要茁壯成長，所需要的是甚麼？人力資源專家陳振宇先生將分享如何建立健康機構文化，回應及了解團隊的需要，以及作為督導員、領袖如何幫助團隊在忙碌和壓力之中成長。

接受選擇

意外懷孕少女的故事：以藝術重構歷程

2020年仲夏，20位曾經歷意外懷孕的少女與三位本地藝術家以不同媒介的藝術，敘述自己的人生旅程。當中很多少女一直保守這個「秘密」——因為她們感到無語、無助、無望。

透過這個創新的治療方式以及藝術家的陪伴，其中三位少女會分享重拾自我的經歷，以及述說自身故事的勇氣。

工作坊

接納過去

認識懷孕少女創傷知情照顧

創傷經歷會導致我們失去安全感——包括身體、情緒、心理及關係上。我們若要與懷孕少女建立關係，就要知道如何幫助她們重建安全感，並鼓勵她們明白和表達有關創傷的感受。透過此互動工作坊，洪雪蓮博士將會分享：

- 創傷知情照顧原理
- 實踐創傷知情照顧的基本技巧
- 如何避免再度二次創傷

Equip

裝備



8:45am

LOG IN ZOOM & PRE-SHOW 研討會開始

9:00am

Welcome to Day Two - Equip 裝備

9:10am

OPENING CEREMONY & ADDRESS 開幕致辭

Professor Alex Molasiotis 莫禮士教授
Chair Professor of Nursing & Head, School of Nursing, The Hong Kong Polytechnic University
香港理工大學講座教授及護理學院學院主任

9:20am

KEYNOTE PRESENTATION 主題演講

The Vicious Cycle : Exploring the Complex Network of Factors Behind Teen Pregnancy
惡性循環：青少年意外懷孕的風險及保護因素

Dr. Anisha Abraham
Program Director in the Department of Adolescent Medicine at Children's National Hospital, DC
國家兒童醫學中心(美國)青少年醫學部項目總監

9:40am

PLENARY #1, FOLLOWED BY Q&A 研討會一及即場問答環節

We Gonna Learn Today! : All you Need to Know about Supporting Vulnerable Youth on Sexual Health Education
學嘢啦！弱勢青少年性健康教育攻略

Ms. Carey Choi 蔡嘉莉小姐
Programme Assistant Manager, Professional Sexuality Educator, Teen's Key Hong Kong
「青躍」項目助理經理(專業性教育工作者)

Ms. Kitty Choi 蔡蕙縈女士
Director, Sticky Rice Love
「糖不甩」總監

Mr. Kevin Lau 劉穎聰先生
Manager, Youth Services, Mother's Choice
「母親的抉擇」青少年服務經理

Dr. YW Mak (Facilitator) 麥艷華博士(主持人)
Associate Professor, School of Nursing, The Hong Kong Polytechnic University
香港理工大學護理學院副教授

10:40am

BREAK 小休

10:45am

PLENARY #2 研討會二

Child Protection is Everyone's Responsibility: Practical Tips to Equipping Frontline Youth Workers
保護孩子，人人有責：前線青少年工作者的實戰貼士

Ms. Gabriela Kennedy 甘乃迪女士
Partner and Head of IP and TMT Group, Mayer Brown
孖士打律師行合夥人暨亞洲知識產權以及科技、媒體及通訊(TMT)團隊負責人

Ms. Odile Thiang
Pediatric Nurse | Teaching Fellow, School of Nursing, The Hong Kong Polytechnic University
執業兒科護士及香港理工大學護理學院專任導師

Ms. Lea Wong 黃慧冰女士
Assistant Director, Deputy Head of Services, Foster Care Services, Mother's Choice
「母親的抉擇」兒童個案管理副總監

Ms. Chloe Banks (Facilitator) 夏露宜女士(主持人)
Manager, Safe Families, Mother's Choice
「母親的抉擇」經理, Safe Families

11:20am

VIDEO 影片

Home Is Where The Heart Is: Up Close and Personal with a House Mother
家是心之所在：對焦、細看家舍舍監的日常

11:25am

WORKSHOP 工作坊

Navigating Complexity: How to Represent the Shared Vision of a Vulnerable Youth
懷孕少女複雜個案管理101: 讓青少年聲音呈現於個案計劃

Dr. Saw Han Quah
A Clinical Psychologist Director and Principal Clinical Psychologist, T.A.P: The Affinity People Pte Ltd
臨床心理學家 | T.A.P: The Affinity People Pte Ltd總監及首席臨床心理學家

Ms. Lea Wong 黃慧冰女士
Assistant Director, Deputy Head of Services, Foster Care Services, Mother's Choice
「母親的抉擇」兒童個案管理副總監

12:20pm

WRAP UP + KAHOOT 總結

MODULE 2 : EQUIP

EQUIP WITH COMPREHENSIVE SEXUALITY EDUCATION SKILLS

Plenary Session #1: We Gonna Learn Today! : All you need to know about supporting targeted youth on sexual health education

For today's youth growing up without a safe, stable or loving family, vulnerability is at the core of feeling abandoned, alone and an absence of love (perceived or not) from their biological family. There is extensive research on the connection between adverse childhood experience and sexual health crisis including crisis pregnancy, sexually transmitted infection. The root cause of this is painfully simple... unmet relationship needs.

So what is the antidote? The presence of a trusted adult who is well-equipped with knowledge, a positive attitude and skills to talk about love and sexuality can be transformative. In this session, a panel of experienced comprehensive sexuality (CSE) educators will share how we can all play a role to equip ourselves and to create a supportive environment whilst being locally relevant. Walk away with practical tips and other resources on comprehensive sexuality education.

EQUIP WITH CHILD PROTECTION KNOWLEDGE

Plenary Session #2: Child Protection is Everyone's Responsibility: Practical Tips to Equipping Frontline Youth Workers

Dominating the news and headlines this year has been the topic of child protection. As a society that is committed to keeping Hong Kong's children safe, it's important to address the often invisible social and family problems that is often at the root. This is why teenage crisis pregnancy is often just the symptom and not the problem.

In this workshop, a panel of experts will use real cases to share essential child protection knowledge and practical skills such as how to identify warning signs, deal with third-party disclosure and suspected sex abuse cases, and many more.

EQUIP WITH HEART

Home Is Where The Heart Is takes us on a special journey into hostel life and shows how the relationship built between the house mothers and the girls changes life stories.

WORKSHOP

EQUIP WITH ASSESSMENT AND CASEWORK SKILLS

Navigating Complexity: How to Represent the Shared Vision of a Vulnerable Youth

Every day, frontline workers have the privilege to hear and witness the life stories of vulnerable clients. Many of these stories however are set amidst intergenerational trauma which is so complex that caseworkers struggle to know where to start or prioritize the focus of the case. It is difficult to assess accurately what the needs of pregnant youth are so that we can equip them with the appropriate information, skills, and resources in a timely manner.

In this workshop, Dr. Saw Han Quah will share principles on how to

- identify the needs of clients
- develop a case plan together with clients and service partners using a common language; and
- to build collaboration with multi-disciplinary groups to manage complex cases

單元二：裝備

全面性健康教育技能裝備

學嘢啦！針對性青少年性健康教育攻略

成長中缺乏安穩、溫暖家庭的青少年，常感到被遺棄、孤立無援、缺乏原生家庭的愛，引致不健康的情感關係及自我形象，研究指出，童年成長逆境與性健康危機如意外懷孕、性病感染有關聯。歸根究底，只因關係上的需要不被滿足。

那麼如何對症下藥？一個可靠而具備相關知識和技巧、以正面態度談論關係與性的成年人，可以劃下轉捩點。全面性通識教育專家小組會分享前線經驗，協助大家了解青少年性健康發展的需要，提供實際建議我們如何裝備自己，創造互相支持和安全的環境，令青少年可全面健康成長。

保護兒童知識裝備

保護兒童，人人有責：前線青少年工作者的實戰貼士

過去一年，保護兒童的議題經常出現於新聞報道中。意外懷孕少女的童年成長逆境印證保護兒童的重要性及其治本的效能。要保護香港的兒童，我們必須解決潛藏於社會及家庭的問題，並裝備相關專業知識。專家小組將從法律、個案管理及醫護管理的角度，透過真實個案，分享保護兒童的相關實際技巧，包括如何察覺警號、應對第三方洩露，以及處理懷疑受虐個案等。

以愛為對方裝備

「家是心之所在」短片帶領我們認識少女入住家舍的旅程，並見證她們如何與舍監建立關係，以幫助改寫其生命故事。

工作坊

懷孕少女複雜個案管理101：讓青少年聲音呈現於訂立個案計劃中

前線同工每天都聆聽、見證弱勢青年的生命故事。然而，很多故事都源自跨代創傷，令個案更為複雜。我們可以如何精準地辨出有效的個案介入點？面對受創的懷孕少女，我們又如何回應她們的根本需要，讓她們與社工合作共同制定個案計劃？Dr. Saw Han Quah分享相關技能小貼士和工具去裝備大家：

- 全面了解個案的需要
- 以「共同語言」與青少年及同工合作溝通及訂立計劃；以及
- 與多元群體建立有效的合作關係，以應付複雜的個案。

Empower

充權

8:45am	LOG IN ZOOM & PRE-SHOW 研討會開始
9:00am	Welcome to Day Three - Empower 充權
9:10am	OPENING CEREMONY & ADDRESS 開幕致辭 Dr. Rosanna Wong, DBE, JP 王葛鳴博士 Senior Adviser of the Hong Kong Federation of Youth Groups Member of the National Committee of the Chinese People's Political Consultative Conference Former Member of Commission on Poverty of the Government of the HKSAR Honorary Chair of World Vision Hong Kong 香港青年協會高級顧問 中國人民政治協商會議全國委員會委員 扶貧委員會前委員 香港世界宣明會榮譽會長
9:20am	KEYNOTE PRESENTATION 主題演講 Keeping Children Safe and Families Together : A Global Perspective on The Power of Community 社群力量：鞏固家庭 保護孩子 Dr. David Anderson Founder & Executive Director, Safe Families for Children Safe Families for Children 創辦人及行政總監
9:40am	PLENARY SESSION #1, FOLLOWED BY Q&A 研討會一及即場問答環節 Family Strengthening - The Key to Breaking the Intergenerational Cycle of Teen Pregnancy 強化家庭：打破青少年意外懷孕跨代循環的關鍵 Professor Loke, Alice Yuen 袁楨德教授 Director and Professor, Department of Nursing, Hong Kong Adventist College 香港三育書院護理學系總監及教授 Ms. Louise, Wing Man Yip 葉穎汶女士 Senior Social Work Supervisor, Caritas Youth and Community Service 明愛青少年及社區服務高級督導主任 Mr. Andrew Gardener Senior Pastor, The Vine Church 葡萄藤教會主任牧師 Mrs. Alia Eyres (Facilitator) 艾利雅女士(主持人) CEO, Mother's Choice 「母親的抉擇」行政總裁
10:30am	BREAK 小休
10:40am	PLENARY SESSION #2, FOLLOWED BY Q&A 研討會二及即場問答環節 The Power of Our Hong Kong Community Redefining the Circle of Our Family 香港社區網絡的力量：再想像「家」的定義 Mrs. Kwan Lee Nim Che 關李念慈女士 Minister, Quarry Bay Baptist 鰗魚涌浸信會傳道 Mr. Bernard Yee 余文質先生 AT&T Regional President, Asia Pacific & Canada AT&T Asia Pacific & Canada 區域總監 Mrs. Angeline Yee 鄭安使女士 Home maker, Board of HK Young Life 家庭主婦 HK Young Life 董事 Ms. Chan Kit Ying 陳潔瑩女士 Director, Community Services, Mother's Choice 「母親的抉擇」社區服務總監 Ms. Joy Ko (Facilitator) 古順景女士(主持人) Manager, Foster Care Services, Mother's Choice 「母親的抉擇」寄養服務經理
11:45am	Introduction to Safe Families in Hong Kong 香港Safe Families項目簡介
12:00am	VIDEO & FINAL WORDS 短片及結語 It Takes a Village 群策群力 打破循環 Mr. Chua Hoi Wai 蔡海偉先生 Chief Executive, Hong Kong Council of Social Service 香港社會服務聯會行政總裁
12:15pm	WRAP UP + FINAL KAHOOT 總結

MODULE 3 : EMPOWER

EMPOWER THE FAMILY

Plenary Session #1

Family Strengthening - The Key to Breaking the Intergenerational Cycle of Teen Pregnancy

Emerging data indicates that teenage crisis pregnancy is not another youth behavioural problem, but that many of these young girls are living in a cross-generational cycle of trauma, unhealthy choices and poor relationships. Strengthening the family unit is a key antidote to intervening and disrupting this vicious cycle. With the support from caring community members, the experience of going through a crisis together can propel transformation of the family as a whole and re-invigorate the growth of compassion and connection with each other.

In this interactive and dynamic session, a panel of experts from academia, faith and social services will discuss the issues they're seeing in the community and how evidence-based protective factors like strengthening family connection and building a community network can transform the lives of vulnerable girls.

EMPOWER THE COMMUNITY

Plenary Session #2

The Power of our Hong Kong Community - Redefining the Circle of Our Family

Historically, the extended family or neighbors often stepped in to support the children of working class families by providing a friendly face and/or a meal. With the urbanization of Hong Kong, families have become more and more socially isolated with the extended family either non-existent or not safe or available. With more young girls choosing parenting, many are struggling without the extended family or community support needed to raise their child and coming from single parent and/or broken homes. Without a support network around them, these young moms are more likely to neglect, abuse or place their child into the residential care system, and the vicious cycle continues.

This panel will discuss how the resurgence of local community-based groups can provide the compassion and the support network needed for young parents to get back on their feet and to thrive in their role as mothers.

EMPOWER EACH OTHER

It takes a Village — There is a well known African proverb: "If we want to go fast, we go by ourselves; if we want to go far, we go together."

This video captures the heart of the many community partners across Hong Kong who are united in giving hope and change life stories for these young girls, their children and their families.

單元三：充權

家庭充權

強化家庭：打破青少年意外懷孕跨代循環的關鍵

意外懷孕並非青少年反叛之過，而是很多少女都受心理創傷、不良關係的跨代循環之影響而產生。要介入並中止這個惡性循環，至關重要的是了解原生家庭的影響，鞏固與社群關係協助少女及家庭共同走過逆境，重燃彼此間的關愛及連繫。

在這個充滿活力的互動環節，來自學術界、宗教及社會服務機構的專家小組將會重新探討家庭的定義，分享前線觀察，分析意外懷孕跨代循環所帶來的問題，以及如何透過鞏固家庭連繫、建立社區網絡等實證因素如何改寫少女的生命的故事。

社區充權

香港社區網絡的力量：再思「家」的定義

過往有很多大家族或鄰舍會透過親切的臉孔或一頓餐膳，踏出援助基層孩子的一步。隨著香港城市化，有些家庭與親朋好友減少接觸，越來越與世隔絕。很多懷孕少女選擇撫養孩子，卻由於來自單親或破碎家庭，或是缺乏親友、社區支援去育兒而感到躊躇。沒有互助網絡及受創的年輕媽媽很可能未被裝備去照顧自己照顧孩子，不自覺重演童年成長逆境或將孩子送到院舍，從而延續了惡性循環。

專家小組將會探討本地社區團體的復甦如何帶來關愛和支持，實踐強化家庭保護因素，扶助年輕媽媽振作、站立，學習擔當「母親」的角色。

彼此充權

群策群力 — 非洲有一句古老的諺語：要想走的快，那就一個人走；若要走得遠，就一起走。

此短片包含社區內各個夥伴及團體的心在香港，很多社區夥伴每日都在努力，攜手為少女、其孩子及家庭帶來希望及改寫生命故事。